

# THE WARRIOR DIGEST

Fullerton Public Schools Newsletter

May 1, 2026

Lynn Johnson, Interim Superintendent

Mrs. Tammy Carlson, Elementary Principal

Mr. Eric Burenheide, High School Principal

## From The Superintendent's Desk

As we close the chapter on another school year, I find myself reflecting on just how quickly the time has passed. It truly feels as though we were just welcoming students back in the fall, and now we are celebrating accomplishments and looking ahead to what's next. As the saying goes, "time flies when you're having fun," and this year has certainly been filled with meaningful moments, growth, and success.

I would like to extend my sincere gratitude to our students, families, staff, and community for making this such a memorable and successful year. Your support, encouragement, and commitment have made a lasting impact on our schools and on one another.

Our district theme this year, "Warriors on a Mission – Achieving Greatness Together," has been more than just a slogan—it has been a reflection of who we are and what we strive to accomplish. A mission requires purpose, direction, and commitment, and throughout the year, we have seen those qualities demonstrated in countless ways. Whether in the classroom, on the stage, in competition, or through acts of kindness and service, our students and staff have exemplified what it means to pursue greatness.

Most importantly, this theme reminds us that greatness is never achieved alone. It is the result of a collective effort—students working hard, staff providing guidance and support, families encouraging and partnering, and a community that stands behind its schools. Together, we have created an environment where success is possible and where every individual plays an important role.

Thank you for your continued trust and partnership. It has been an honor to serve as your interim superintendent, and I am deeply appreciative of the opportunity to be part of such a dedicated and supportive school community. I wish everyone a safe, enjoyable, and well-deserved summer.



<b>INDIVIDUAL HIGHLIGHTS:</b>	5	Senior TeamMates Testimonies	11	2024-25 School Supply List
2 Elementary News			12	May Menu
National Honor Society Tapping	6-8	Health Office News	13	May Calendar
5 Music Notes	9	Honors Convocation	14	Summer Weightroom Workout
4 FFA Highlights	10	Pawnee Hills Jr. Golf Camp	15	Dates to Remember

## 2026 Quiz Bowl Team Champs

This year the High Ability Learners in elementary participated in a Quiz Bowl Tournament. Quiz Bowl included eighteen students from grades 4 – 6. In April, students practiced the game of quiz bowl for six days, competing with different teammates each day. This activity ended with a Quiz Bowl Tournament that started on April 20<sup>th</sup> and concluded on the 21<sup>st</sup>, with a tie breaker bonus round that was won by the team made up of Levi Reilly, Brielle Forney, Sawyer Russell and Harrison King. It was such a close game throughout the match, once again, it came down to the final question of the bonus round to crown the Champions. Their names will be engraved on a plaque that is displayed outside of Mrs. Carlson's office.

We are so proud of all of the students that joined us for Quiz Bowl this spring. They all collaborate in their knowledge of many academic areas. We are certain we will see their names on the Jr. High and High School Quiz Bowl Teams in the future. Mrs. Dubas and Mrs. Jazwick sponsor Quiz Bowl for our elementary students.



**Quiz Bowl Students: Back L-R – Kian Pickrel, Levi Reilly, Harrison King, Tristin Welch, Sawyer Robb, Kendyl Gustafson Middle Row: Connor Robb, Brady Carey, Hudson Carr, Charli Dubas, Callen Hamik, Keelyn Kurz Front Row: Sawyer Russell, Lemon Small, Brielle Forney, Kaia Bosak, Blakely Boryca**



**2026 Quiz Bowl Champions: Harrison King, Brielle Forney, Levi Reilly and Sawyer Russell**

## National Honor Society Tapping April 9<sup>th</sup>



**Six students were tapped into National Honor Society on April 9. From left: Jacob Maxfield tapped in by Jordan Wetovick, Georgia Bridger tapped in by Montana Bridger, Sami Sullivan tapped in by Rick Buerer, Everett Gleason tapped in by Brandon Siegel, Lylla Sabata tapped in by Shannon Sabata, and Emily Kurz tapped in by Andrea Kurz.**

# MUSIC NOTES

## Goldenrod Conference Music Contest Results

Goldenrod Conference Music was held at St. Edward Public Schools on April 1. The following Fullerton music groups came home with Superior Ratings (1).

- Concert Band
- Concert Choir
- Show Choir
- Womens Choir
- Mens Choir
- Lylla Sabata French Horn
- Elena Reimer and Brady Carr Piano Duet
- Elena Reimer and Emilyn Kurz Flute Duet
- Reese Dubas Piano Solo
- Brady Carr Piano Solo
- Jaycek Green and Aubrey Thies Alto Sax Duet
- Aubrey Thies Vocal Solo
- Colton Harris Snare Solo



Concert Band Members

## Past Music Instructor Visits Band Students

Mr. Kohl invited Russell Workman to come listen to his band perform before District Music. Mr. Workman won Harvest of Harmony for Fullerton in 1975 while Mr. Kohl won Harvest of Harmony in 2025, which are only two times and two directors have won.



Individual Superior winners: Back Row: Brady Carr, Colton Harris, Lylla Sabata Front Row: Reese Dubas, Jaycek Green, Aubrey Thies, Elena Reimer Emilyn Kurz

## District Music Contest Results

Congratulations to the following music students for their performances at District Music on April 24 in Centennial with Superior Ratings (1):

- |                               |   |
|-------------------------------|---|
| Concert Band                  | Jaycek Green & Aubrey Thies Vocal Duet            |
| Show Choir                    | Lylla Sabata, PJ Sabata & Reagan Syslo Vocal Trio |
| Colton Harris Vocal Solo      | Jaycek Green Vocal Solo                           |
| PJ Sabata Vocal Solo          | Madalynn Russell Vocal Solo                       |
| Reagan Syslo Vocal Solo       | Lylla Sabata & PJ Sabata Vocal Duet               |
| Jaycek Green Vocal Solo       | PJ Sabata & Reagan Syslo Vocal Duet               |
| Reese Dubas Piano Solo        | Aubrey Thies & Madalynn Russell Vocal Duet        |
| Elena Reimer Piano Solo       | Elena Reimer & Emilyn Kurz Flute Duet             |
| PJ Sabata Tenor Sax Solo      |   |
| Lylla Sabata French Horn Solo |   |

Lylla Sabata earned an Outstanding Music Award for her Horn Solo. Elena Reimer was awarded Honorable Mention for her piano solo, and Elena Reimer and Emilyn Kurz were awarded Honorable Mention for their flute duet. Outstanding performance awards are designed to recognize the top performers at District Music Contest, who go above and beyond the standard of a Superior rating in skill and musicianship. Only one performance per judge is awarded. Honorable Mentions are awarded on similar merit to only two performers per judge.

## FPS was named NAMM Foundation Best Community For Music Education

We are excited to announce that Fullerton Public Schools was named a NAMM Foundation Best Community for Music Education! This award highlights our strong commitment to music education and student success, and reflects the dedication of our students, educators, administrators, and the community to our music program. With over 2,000 applications Fullerton was one of 127 school districts across the nation selected.



Show Choir Members Perform at Districts



Lylla Sabata & Elena Reimer

# FFA END OF THE YEAR HIGHLIGHTS

## Spring Banquet

We had a FANTASTIC turnout to our annual Spring Banquet on Friday, April 24th. Members and guests alike enjoyed a delicious meal provided by the Corn Krib and desserts by Special E's Treats. Over 250 awards were handed out to members from their accomplishments over the year at District and State contests. 8 seniors retired their FFA jackets as their FFA journeys have come to an end. Finally, the new officer team for 2026 - 2027 was tapped into office. Thank you for all the support this past year for our Chapter!



Retired Senior FFA members with their medallions. Front L-R: Ella Pickrel, Mrs. Loseke, Elena Reimer & Georgia Bridger Back: Terrick Gonsior, Maxton Meysenburg, Cayden Scheffler, Zane Koziol & Ryan Cook



2026 - 2027 Fullerton FFA Officer Team. Front Row L-R: Riley Thomas - Reporter, Reese Dubas - Vice President, Melinda Reimer - Historian, Taylor Cook - Jr. Advisor, Sami Sullivan - Secretary Back Row: Parker Aaberg - Parliamentarian, Cael Dubas - Treasurer, Delylla Olson - Sentinel, Emilyn Kurz - President



Most Active Member High School – Kolt Francis



Star Greenhand – Landon Bittner



Most Active Member Jr. High – Lora Sonderup



Star Farmer – Emilyn Kurz



Star Farmer – Ella Pickrel

## Future Fullerton FFA Events:

- Highway Clean-Up – Date TBD in May; Check Remind, Facebook & Instagram for updates!
- Saturday, May 23 - Memorial Day Flag Set-Up at the Cemetery (Time TBD)
- Friday, June 26 - Fairgrounds Clean-Up 5:00 pm
- Saturday, June 27 - Progress Show at the Fairgrounds 6:00 pm Sign-up in Ms. Lee's room to work for a shift or two.

## Senior TeamMates Member Testimonies



### Dillon Fitzgerald

Teammates has been one of the best opportunities for a kid in elementary and in high school. I have been with Allen since 5th grade. Allen has always been there for me and given me advice for my future. The time together has been amazing, we would talk, play a game of pig, play some cards, and we even built a co2 dragster. Teammates will always have a place in my heart. I love the community around it and the people in it, Teammates has helped me become who I am today.

Dillon has been active in TeamMates for 8 years with his mentor Allen Chlopek.

### Everett Gleason

TeamMates to me, is about learning new perspectives while also building character in myself. It has always been an opportunity that I should've taken advantage of sooner. TeamMates is about having a mentor that leads you with guidance, and shows you how to grow – not just as an athlete but as a person. It shows how we can leave our own footprint in our school, community and most importantly our character.

Everett has been active in TeamMates for 2 years with his mentor Brandon Siegel.



### Ella Pickrel

Being a part of the TeamMates mentoring program for the past 7 years has been an incredibly rewarding experience. Initially, I did not fully understand the impact of having one-on-one time with a mentor and how it would benefit me both as a student and as an individual. However, as I have progressed through the program, I have come to appreciate the value of this individualized attention. My mentor, Ashley, has been a constant source of support and guidance, helping me with various projects, studying, scholarships, and providing overall support during my high school years. Each TeamMate group has their own unique interests and goals, and our group has enjoyed participating in various activities such as attending Annie at the Lied Center and hockey games. This program not only offers rewarding experiences, but also provides students with the opportunity to receive personal attention which has greatly benefited me. I am grateful to Mary Lou Jenks and Ashley Boryca for being amazing TeamMates throughout my time at Fullerton Public Schools.

Ella has been active in TeamMates for 7 years with her mentor Ashley Boryca.



### Richard Trask

Teammates has helped me with my communication skills, and it is a great opportunity for younger children to be in. It gives you another trusted adult to talk to and your mentor becomes like a friend. It means a lot to me, and I would be willing to become a mentor in the future to give a child that opportunity as well.

Richard Trask has been active in TeamMates for 5 years with his mentor Derek Smith.



**L-R Ella Pickrel – Mentor – (NP) Ashley Boryca, Everett Gleason – Mentor – Brandon Siegel, Dillon Fitzgerald – Mentor – Allen Chlopek, Richard Trask – Mentor – Derek Smith**

# IT'S SUMMERTIME

Summer Newsletter

Nurse Serina

nurse@fullerton.esu7.org



## BENEFITS AND DOWNSIDES OF EATING AVOCADOS

People are becoming more and more aware of what they put into their bodies. Have you heard about the benefits of healthy fats? Avocados are loaded with healthy fats and easy to incorporate into your diet without a lot of fuss!

### Nutritional Perks:

- **Healthy Fats** – Loaded with heart-healthy monounsaturated fats (especially oleic acid).
- **Rich in Antioxidants** – Contains lutein and zeaxanthin, great for eye health.
- **Nutrient-Dense** – Packed with vitamins K, E, C, B5, B6, and folate.
- **High in Fiber** – Promotes satiety and supports digestive health.
- **Potassium-Rich** – More potassium per gram than bananas, supports heart and muscle function.

### Health Benefits:

- **Supports Heart Health** (lowers LDL, raises HDL)
- **Promotes Eye Health**
- **Boosts Brain Function** (thanks to healthy fats + B vitamins)
- **Reduces Inflammation**
- **Supports Digestive Health**
- **Nourishes Skin from the Inside**

### Nutritional Info (Per 100g, Raw Avocado):

- Protein: 2g
- Fat: 15g (mostly monounsaturated)
- Carbohydrates: 9g
- Sugar: 0.7g (very low)
- Fiber: 7g
- Potassium: 485mg
- Folate: 81µg (~20% DV)
- Vitamin C: 10mg (~11% DV)
- Vitamin K: 21µg (~26% DV)



**Conclusion:** Avocados are a creamy, nutrient-packed superfruit rich in heart-healthy fats, fiber, and key vitamins. They support everything from heart health to digestion to glowing skin – just enjoy in moderation due to their high calorie count!



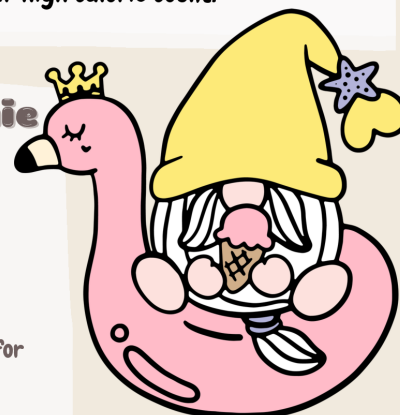
## Strawberry Avocado Smoothie

### Ingredients

- 2 1/2 avocados
- 16 ounces strawberries
- 16 ounces low-fat strawberry yogurt
- 1 tray ice cubes

### Directions

1. Wash hands with warm, soapy water.
2. Add all ingredients to a blender. Start with ice and yogurt for best results.
3. Blend until smooth and creamy





# Attention PARENTS:



Incoming Kindergarten students and 7th graders:

The end of winter / beginning of spring always brings “Kindergarten Round Up” and “Junior High Shadow Day” for our incoming Kindergarteners and 7th graders to Fullerton Public Schools. We would like to highlight a few reminders for parents regarding these transitions:

·Kindergarten:

- Complete Physical should include BOTH:
  - Vision
  - Hearing
- Up-to-date Immunizations:
  - 2 MMR
  - 2 Varicella
  - 3 DTaP, DTP, DT or Td with one after 4th birthday
  - 3 Polio
  - 3 Hep B
- This is a great time to see the dentist if you haven’t done so already. Please include a note from your dentist if you have seen them in the last 6 months.
- Potty Training: We recommend your child be fully potty trained, but we understand that all children have accidents from time to time. Please include a change of clothes for your child in case of an accident.
- First and Last Name: When your child comes to Kindergarten, he/she will need to know his/her first AND last name.

·All incoming 7th graders will need:

- A complete physical. Please try to obtain this early (this can be done any time after May 1), anything prior to May 1st WILL NOT be accepted per NSAA rules.
- Up-to-date on immunizations and recent a Tdap on file at the start of the 2026–2027 school year.

Middle/Senior High Information:

- 8th–12th graders please see the information about our second annual Activity/Sport Physical Night here at FPS. We are excited to offer this as an option to ease the Fall To Do List.



### FULLERTON PUBLIC SCHOOLS ACTIVITY PHYSICAL AT FPS

We are excited to announce our second annual Activity/Sports Physical Night at Fullerton Public Schools. If your child will be participating in a NSAA sanctioned activity in the 2026-2027 academic school year, they will need a physical to be eligible. If your child is interested in being involved in any of the following activities, please consider having them participate in our physical night here at FPS as an option for getting this checked off your Fall To Do List:

Volleyball      Golf.      Speech      Basketball      Track.      Cross Country  
Debate.      Football.      Wrestling      Journalism      Music      Play Production

Here's what to expect:

Who: Any FPS student entering 8th-12th grades

Exam. Your child will have a basic eye exam and basic vitals taken. Then a physician will do an orthopedic exam that covers the requirements for the NSAA. This is NOT a well-child visit and required vaccines are not offered.

What to Bring:

- Your COMPLETED physical Form Packet, including the Code of Conduct, History and Insurance forms – Parents must sign these as well.
- Glasses and/or contacts if you have them
- \$25 – Cash or check
- Make sure parents have signed the paperwork

When: Tuesday, May 19, 2026 at 5:30pm. First come, first served.

Where: Fullerton Public Schools

How much: \$25/student – This money will be returned to FPS as a scholarship each year.

If all of your paperwork is completed, we will collect them and you won't have to worry about it in the Fall!

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**A Very Special Thank You To:  
VALERO of Albion!**

**Thank you so much for the donation of 20 Disaster Buckets to Fullerton Public Schools. This contribution has helped us obtain our goal of making sure all our classrooms are disaster ready.**

# FULLERTON HIGH SCHOOL HONORS CONVOCATION HELD APRIL 10

**Citizenship:**

Displaying outstanding character as an individual viewed as a member of the school; behavior in terms of the duties, obligations, and roles as a student at Fullerton High School. The citizenship award is determined by students who exhibit – Honesty, Respect, Responsibility, Compassion and Courage.

**Citizenship Medals Awarded To:**

Georgia Bridger  
Jacob Supik



**RECIPIENT OF OVER ALL OUTSTANDING CLASS WORK IN**

Silver certificates to:

*Ag Ed* —  
Zane Koziol

*Business* — Maxton Meysenburg & Terrick Gonsior

*Family & Consumer Science* —  
Dillon Fitzgerald

*Spanish I* —  
Maxton Meysenburg

*Language Arts* — Elena Reimer

*Math* — Terrick Gonsior

*Music* —  
Elena Reimer

*Physical Education* —  
Ryan Cook

*Science-- Senior* —  
Elena Reimer

*Junior-- Bausch & Lomb National Outstanding Junior Science Student* —  
Lylla Sabata

*Social Science* — Ella Pickrel

*Industrial Arts* — Cayden Scheffler

*Visual Arts* — Georgia Bridger

**College Credits:** Taking advantage of dual and college credit classes is a commitment and testimony of hard work and dedication to early college planning. This opportunity is not only earned, but deserved! The following students have completed 12 or more college credits while in high school from either Central Community College or Wayne State College and will be wearing an honor cord during graduation to attest to their dedication to college preparation and readiness. Congratulations!



**Wayne State Honor Cord: L-R**  
Elena Reimer, Everett Gleason,  
Terrick Gonsior, Ella Pickrel



**Central Community College Honor Cord: Back L-R:**  
Jaycek Green, Jaxson Gustafson, Myles Smith, Everett  
Gleason, Terrick Gonsior, Maxton Meysenburg, Dillon  
Fitzgerald Front L-R: Elena Reimer, Ella Pickrel,  
Georgia Bridger, Kayla Dudek

The following students have exhibited the most growth throughout their time at Fullerton Junior/Senior High School. Their improvement and desire to show maturity has not gone unnoticed.

**Most Improved Students:**  
High School – Cayden Scheffler  
Junior High – Raelyn Ortega

**Academic Letters:** To receive an academic letter, students must be on the Honor Roll or Roll of Excellence for 3 of the last 4 quarters. **First Time Academic Letter Winners:** Reid Bertram, Ellie Borgheiinck, Kinsley Bremmer, Kindall Francis, Kamryn Grzwy, Rayna Hamik, Carly Malander, Chase Lesiak, Brock Dubas, Tori Decker



**Congratulations to All Students  
In Their Accomplishments In  
Receiving Honors and Awards**



Elena Reimer    Ella Pickrel  
Top 10% of Class

## PRESENTATION OF HONORS

### Spring NSAA (NCAP) Academic All State Award Winners



**Kiptyn Hamik**  
Boys Golf



**Isaac Supik**  
Boys Golf



**Everett Gleason**  
Boys Track



**Jacob Maxfield**  
Boys Track



**Sami Sullivan**  
Girls Track



**Ella Pickrel**  
Girls Track



**Terrick Gonsior**  
Music



**Elena Reimer**  
Music

**PAWNEE HILLS JR. GOLF CAMP**

The 2026 Pawnee Hills Jr. Golf Camp will run for 4 days from 9:00 a.m. to 11:30 a.m. Mon.-Thurs. (Fri. a rain day) for anyone **going into** the 5<sup>th</sup>-9<sup>th</sup> grades and interested in golf. Dates for this year’s camp will be June 15, 16, 17, and 18. (Fri. 19<sup>th</sup> rain day) Fundamentals of the golf swing, club selection, course etiquette, and course management will be areas covered.

Each golfer will be required to have a set of clubs. (Preferably a Jr. set for the younger golfers). Sharing of clubs is possible for this camp if we have enough full sets to do so. At some point everyone would need his/her own clubs to golf at any course. We would not recommend spending a lot of money on your child’s 1<sup>st</sup> set of clubs. There are even good prices on good used clubs that would work.

Golfers will receive golf balls, some tees, and ball markers. Cost of the camp will be \$35 payable on or before **Friday, May 8.** (Checks payable to Shawn Ostransky)

It will be held at the Pawnee Hills Golf Course. (You will need to provide a ride for your child to the course. Coaches may have room for a couple of golfers and hopefully some carpooling can be arranged by those attending.) The number of participants is needed to set up groupings and help. Anyone interested in attending this camp to learn the fundamentals of golf should **detach and return the bottom portion of this form** to Coach Ostransky **by Friday, May 8.** Any questions call: Coach Ostransky at 308-550-0594.

More information on the camp will come out later if needed. Thanks!!  
(Like the Pawnee Hills Facebook page for additional information if needed)

Coach Ostransky

Reminders:

- ~ Thursday mornings during the summer will be free golfing for any school age person at the Pawnee Hills Golf Course. (tee times required between 9:00 and 11:00)
- ~ Junior memberships are \$100 dollars for the whole year. BARGAIN!!!

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**Detach and return bottom portion to Coach Ostransky or Classroom Teacher by  
May 8**

I \_\_\_\_\_ approve of my child \_\_\_\_\_ to participate in the 2026 Pawnee Hills Golf Camp which runs June 15-19. I acknowledge my child is physically able to participate. As with any activity, accidents will happen and I will not hold Pawnee Hills, Twin River Public Schools, Fullerton Public Schools or their coaches responsible.

Age \_\_\_\_\_

Grade (upcoming year) \_\_\_\_\_

Phone number that I can be reached in case of a rain out or emergency.

*(Please like the Pawnee Hills Facebook page for updates)*

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

**Make checks payable to Shawn Ostransky in the amount of \$35.**

# Fullerton Elementary School 2026-2027



## Kindergarten Supply List

- Large School Bag
- Pencils (Ticonderoga #2)
- 1 Pink Pearl Eraser
- 1 Bottle of Elmer's Glue
- 4 Glue Sticks
- Hard Plastic School Box
- Scissors (preferably Fiskars)
- 1 Box of 24 Count Crayola Crayons
- 1 Box of Colored Pencils
- 1 LARGE Box of Kleenex
- 4 pack of EXPO Dry Erase Markers
- 1 Subject Notebook
- Headphones (No earbuds)
- 1 Canister of Disinfectant Wipes

PLEASE LABEL ITEMS WITH CHILD'S NAME



## 1st Grade Supply List

- 3 Glue Sticks
- Crayons (24 count only)
- Colored Pencils
- 1 Pocket Folder
- 5 Pencil Top Erasers
- 1 Pink Pearl Eraser
- 10 #2 Pencils
- Scissors (preferably Fiskars)
- SCHOOL BOX (to hold pencils, etc.)
- 2 LARGE box of Kleenex
- BACKPACK
- Headphones (no earbuds)

PLEASE LABEL ITEMS WITH CHILD'S NAME OR INITIALS

## 2nd Grade Supply List

- Book Bag
- 2 Package (Ticonderoga #2) Pencils
- 1 Large Eraser
- 1 Box Pencil Top Erasers
- 1 Folder With Pockets
- 1 12 Inch Ruler (cm & inches)
- 2 Glue Sticks
- 2 Highlighter (different colors)
- 1 Scissors
- 1 Box of Crayola Crayons
- 1 Box of Colored Pencils
- 2 LARGE Boxes of Kleenex
- 1 Box of Washable Markers
- 1 Pkg Of Expo Dry Erase Markers (& Old Sock For An Eraser)
- 1 Small Pencil Box or Bag
- Headphones (no earbuds)
- 1 Box of Quart Zip Lock Bags

PLEASE LABEL ITEMS WITH CHILD'S NAME or INITIALS

## 3rd Grade Supply List

- Book Bag
- Pencil Cap Erasers
- 2 pkgs Pencils (Ticonderoga #2)
- 1 Pencil Pouch ( No Boxes)
- 2 Red Ink Pens
- Scissors 7" or bigger
- 8 Glue Sticks
- 2 Highlighters (Different Colors)
- 2 Packs of Dry Erase Markers
- 1 Wide Ruled Spiral Notebooks
- 1 Composition Notebook
- 1 Box of 24 Crayola Colored Pencils
- 1 Box of 24 Crayola Crayons
- 1 Pair Earbuds ( No Bluetooth)
- 2 Boxes Kleenex
- \$4.00 for Assignment Book

PLEASE LABEL SUPPLIES WITH YOUR CHILD'S NAME



## 4th /5th /6th Grade Supply List

- Pencil Box/Bag
- Pencils
- Pink Pearl Erasers
- Pencil Top Erasers
- Scissors - 5 in. or bigger
- 4 Glue Sticks
- 1 Box Markers
- 1 Box 24 Count Colored Pencils
- 4 Highlighters (Different Colors)
- 2 Folders
- 5 Dry Erase Markers
- 2 Rolls Scotch Tape
- Earbuds or Headphones (No Bluetooth)
- 2 - Single Subject Notebooks
- 1- Package College Rule Loose Leaf paper
- 2 Container Disinfectant Wipes
- 3 Boxes Kleenex
- \$4.00 for Assignment Notebook
- \*\*Sturdy Book Bag

PLEASE LABEL SUPPLIES WITH YOUR CHILD'S NAME



# MAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>**This menu is subject to change based on availability of food items. Peanut Butter &amp; Jelly Sandwiches are available daily in place of main dish. White and Chocolate milk are available daily.**</b></p>				<p><b>1 Breakfast: Waffle, Fruit Cocktail, Milk &amp; Juice</b></p> <p><b>Lunch: Walking Taco, Doritos, Lettuce, Shredded Cheese, Sour Cream, Salsa, Cookie, Peaches &amp; Milk</b></p>
<p><b>4 Breakfast: Breakfast Burrito, Peaches, Milk &amp; Juice</b></p> <p><b>Lunch: Turkey/Deli Sandwich/Bun, Sun Chips, Pickles, Celery/Carrots, Peas &amp; Milk</b></p>	<p><b>5 Breakfast: Omelet, Toast, Peas, Milk &amp; Juice</b></p> <p><b>Lunch: Max Sticks, Marinara, Lettuce, Mandarin Oranges, Pudding &amp; Milk</b></p>	<p><b>6 Breakfast: Pancake, Sausage Link, Mandarin Oranges Milk &amp; Juice</b></p> <p><b>Lunch: General Tso's Chicken, Rice, Broccoli, Pineapple &amp; Milk</b></p>	<p><b>7 Breakfast: Breakfast Sandwich, Peaches, Milk &amp; Juice</b></p> <p><b>ADMINISTRATION BBQ</b></p> <p><b>Lunch: Hamburger/ Hot Dog/Bun, Condiments, Chips, Baked Beans, Applesauce, Ice Cream Bar &amp; Milk</b></p>	<p><b>8 Breakfast: Donuts, Applesauce, Milk &amp; Juice</b></p> <p><b>Lunch: Pizza, Peas, Peaches, Cookie &amp; Milk</b></p>
<p><b>11 Breakfast: French Toast, Peaches, Milk &amp; Juice</b></p> <p><b>Lunch: Sloppy Joes/ Bun, Steak Fries, Corn, Applesauce &amp; Milk</b></p>	<p><b>12 Breakfast: Breakfast Pizza, Applesauce, Milk &amp; Juice</b></p> <p><b>Lunch: Corn Dog, Sun Chips, Green Beans, Peas, Pudding &amp; Milk</b></p>	<p><b>13 Breakfast: Biscuits &amp; Gravy Peas, Milk &amp; Juice</b></p> <p><b>Lunch: Max Sticks, Marinara, Mixed Vegetables, Mandarin Oranges &amp; Milk</b></p>	<p><b>14</b></p>	<p><b>15</b></p>
<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b></p>
<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p> <p><b><i>USDA is an equal opportunity provider and employer.</i></b></p>

May 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> HS GRC Track @ Burwell 10:00 a.m.	<b>2</b> Junior High Track @ Aurora 9:00 a.m.
<b>3</b>	<b>4</b> Junior High Conference Track @ Archangles 10:00 a.m. Fine Arts Awards Night & Pops Concert 6:30 p.m.	<b>5</b> Elementary Track & Field Day 9:00 a.m. HS Golf @ GICC 9:00 a.m. Junior High Golf @ Battle Creek 1:00 p.m. Community Art Show	<b>6</b> Elementary Track & Field Day (Raindate) 9:00 a.m. GRC Boys Golf @ Grand Island Indianhead 10:00 a.m. Community Art Show	<b>7</b> HS Track @ Cross County 10:00 a.m.  Junior High Golf @ Summerland 2:00 p.m.	<b>8</b>	<b>9</b> 2:00 p.m. Graduation Ceremony
<b>10</b>	<b>11</b> Kindergarten Graduation 2:00 p.m.  Show Choir Auditions 5:00 p.m.  Board of Education Mtg. 5:30 p.m.	<b>12</b> Fullerton Golf @ Humphrey 10:00 a.m.	<b>13</b> End of 4 <sup>th</sup> Quarter End of 2 <sup>nd</sup> Semester K-6  Last Day of School K-6  Elementary Awards Program 9:00 a.m.  HS DISTRICT Track @ Osceola 11:00 a.m.	<b>14</b> Semester Testing GRADES 7-11	<b>15</b> Semester Testing GRADES 7-11  GRADES 7-11 End of 4 <sup>th</sup> Quarter End of 2 <sup>nd</sup> Semester 7-11	<b>16</b> Junior High State Track @ Gothenburg 11:00 a.m.
<b>17</b>	<b>18</b> Staff Inservice  Golf Districts @ Beemer 9:00 a.m.	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> State Track @ Omaha Burke	<b>23</b> State Track @ Omaha Burke
<b>24</b>	<b>25</b> MEMORIAL DAY	<b>26</b>	<b>27</b> State Golf @ Quail Run	<b>28</b> State Golf @ Quail Run	<b>29</b>	<b>30</b>
<b>31</b>						

## FULLERTON WARRIORS 2026 SUMMER WORKOUT SCHEDULE

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Warrior Students and Parents,

Below is the summer workout schedule for 2026! Summer workouts are open to all upcoming 7-12 grade Fullerton students. Workout session times will be as follows:

- **High School Boys = 6:30-7:45 AM**
- **High School Girls / Junior High Boys & Girls = 7:45-9:00 AM**

If you have not already, please sign up for the "Weight Room Warriors" Remind 101 by texting [@fw-sc](https://www.remind101.com/invite/@fw-sc) to the number [81010](https://www.remind101.com/invite/81010) to stay up-to-date on all weight room activities. If you have any questions, please contact Coach Siegel via Remind 101 or email at [bsiegel@fullerton.esu7.org](mailto:bsiegel@fullerton.esu7.org).

- **MONDAY, JUNE 1 = SQUAT & DEADLIFT TESTING (HIGH SCHOOL ONLY)**
- **WEDNESDAY, JUNE 3 = BENCH & CLEAN TESTING (HIGH SCHOOL ONLY)**
- **FRIDAY, JUNE 5 = WORKOUT 1**
- **MONDAY, JUNE 8 = WORKOUT 2**
- **WEDNESDAY, JUNE 10 = WORKOUT 3**
- **FRIDAY, JUNE 12 = WORKOUT 4**
- **MONDAY, JUNE 15 = WORKOUT 5**
- **WEDNESDAY, JUNE 17 = WORKOUT 6**
- **FRIDAY, JUNE 19 = WORKOUT 7**
- **MONDAY, JUNE 22 = WORKOUT 8**
- **WEDNESDAY, JUNE 24 = WORKOUT 9**
- **FRIDAY, JUNE 26 = WORKOUT 10**
- **MONDAY, JUNE 29 = WORKOUT 11**
- **WEDNESDAY, JULY 1 = WORKOUT 12**
- **FRIDAY, JULY 3 = NO WORKOUTS (4TH OF JULY WEEKEND)**
- **MONDAY, JULY 6 = WORKOUT 13**
- **WEDNESDAY, JULY 8 = WORKOUT 14**
- **FRIDAY, JULY 10 = WORKOUT 15**
- **MONDAY, JULY 13 = WORKOUT 16**
- **WEDNESDAY, JULY 15 = WORKOUT 17**
- **FRIDAY, JULY 17 = WORKOUT 18**
- **MONDAY, JULY 20 = WORKOUT 19**
- **WEDNESDAY, JULY 22 = WORKOUT 20**
- **FRIDAY, JULY 24 = WORKOUT 21**
- **MONDAY, JULY 27 = WORKOUT 22**
- **WEDNESDAY, JULY 29 = WORKOUT 23**
- **FRIDAY, JULY 31 = WORKOUT 24**

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### DAILY POST-WORKOUT MILK OPTION

This summer, Fullerton will be offering pints of Hiland milk to athletes after each workout. Milk is an ideal sports recovery beverage because of its unique nutrient package, which includes: carbohydrates, complete protein, electrolytes, and water. **If you would like to have the option to receive milk after summer workouts, please return the completed bottom portion of this form and a check for \$30 made out to Fullerton Public Schools by Friday, May 15th.**

STUDENT NAME: \_\_\_\_\_

FLAVOR OF MILK (CIRCLE ONE): CHOCOLATE / PLAIN (WHITE)

P.O. Box 520  
Fullerton, NE 68638

Phone: 308-536-2431

Fax:308-536-2432

E-Mail:

Web Page:

<http://www.fullertonpublicschools.org>

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## NEWSLETTER POSTAL PATRON

### End of the Year Events Scheduled:

**SATURDAY, May 9<sup>th</sup> – GRADUATION CEREMONY 2:00 P.M.**

**MONDAY, May 4<sup>th</sup> – Fine Arts Banquet 6:00 P.M.**  
7-12 Pops Concert to Follow

**MONDAY, May 11<sup>th</sup> – KINDERGARTEN PROMOTION 2:00 p.m.**

**WEDNESDAY, May 13<sup>th</sup> – LAST DAY OF SCHOOL GRADES K-6**  
Elementary Awards Program 9:00 A.M. (Grades 1-6)

**THURSSDAY, May 14<sup>th</sup> – SEMESTER TESTING 7-11**

**FRIDAY, May 15<sup>th</sup> – SEMESTER TESTING 7-11**

*For current calendar updates, please visit: <http://calendar.fpswarriors.com>*

### Special Education Records

Attention families of graduates from 2021: School districts are required to retain Special Education records for a period of five years following the completion of a student's educational program. Students who have graduated/completed their program in 2021 will now have their Special Education records destroyed as they are no longer valid. If you would like to obtain these records, then please contact Jessica Williams at [jwilliams@fullerton.esu7.org](mailto:jwilliams@fullerton.esu7.org) or 308-536-2431. They will be forwarded to you. If no contact is made by **Friday, May 8, 2026**, then such records will be destroyed.

### Books! Books! Books!

The staff of the media center would like to enlist your help. Each school year we have books that are lost. We would greatly appreciate it if you would keep an eye out for any school library books that have wandered off.

You can return them to the media center or simply drop them off in the school office. Thank you for helping us locate our missing books.

Mrs. Butcher and Miss Mace

